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**SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE JOI 14-05-2026**

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	TELEMEA 80GR,SUNCA PUI 80GR,OU 1BUC,CEAI 300ML,PAINE300GR	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 250GR , SALATA VARZA 80GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML,
<b>COMUN PSIHIATRIE</b>	TELEMEA 80GR,SUNCA PUI 80GR,OU1BUC, CEAI 300ML,PAINE450GR	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 300GR , SALATA VARZA 80GR	PARIZER 100GR,UNT 50GR,BR.TOPITA 2BUC,CE 300ML,
<b>ULCER</b>	TELEMEA 80GR,SUNCA PUI 80GR,OU1BUC, CEAI 300ML,PAINE450GR	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML
<b>HEPATIC</b>	TELEMEA 80GR,SUNCA PUI 80GR,UNT 50GR , CEAI 300ML,PAINE450GR	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML,
<b>REGIM USOR</b>	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,LAPTE 200ML	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAF 200ML,
<b>COPII</b>	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,LAPTE 200ML , NAPOLITANE 40GR	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAF 200ML,
<b>COLITA , DIZENTERIE</b>	TELEMEA 120GR,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	CARNE FIARTA 100GR,TELEMEA 120GR, CEAI 250ML,
<b>CARDIAC</b>	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,CEAI 250ML	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 250GR , SALATA VARZA 80GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEA 250ML,
<b>NEFRITA</b>	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,CEAI 250ML	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEA 250ML,
<b>LACTO FAINOS</b>	TELEMEA 80GR,SUNCA PUI 80GR,UNT 50GR , CEAI 300ML,PAINE450GR	SUPA ZARZAVAT CU FIDEA 250 ML, FRIPTURA PUI , GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML,
<b>DIABET</b>	TELEMEA 80GR,SUNCA PUI 80GR,OU 1BUC,CEAI 300ML,PAINE200GR	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 200GR , SALATA VARZA 80GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML IAURT 175GR 1BUC,
<b>LAUZE</b>	TELEMEA 80GR,SUNCA PUI 80GR,OU 1BUC,CEAI 300ML,PAINE300GR,BISCUTI 50GR	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML, MOS
<b>INTOLERANTA LA GLUTEN</b>	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC ,IAURT 175GR 1BUC	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 250GR , SALATA VARZA 80GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEA 250ML,
<b>INTOLERANTA LA LACTOZA</b>	SUNCA DE PUI 80GR,OU 2BUC ,CEAI 250ML , PAINE300GR	CIORBA DE LEGUME 250 ML, PARJOOALE MOLDOVENESTI , GARNITURA OREZ 250GR , SALATA VARZA 80GR	GEM 2BUC 40GR,PARIZER 80GR,CEAI 250ML,
<b>CULT RELIGIOS</b>	TELEMEA80GR ,OU 2BUC ,CEAI 250ML , PAINE300GR	CIORBA DE LEGUME 250 ML, OREZ CU CIUPERCI 250GR , SALATA VARZA 80GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEA 250ML,
<b>PASERAT</b>	OU 2BUC,SUNCA PUI80GR,TELEMEA 80GR,CEAI250ML,PAINE300GR(PASERAT)	SUPA ZARZAVAT CU FIDEA 250ML, RASOL PUI CU OREZ250GR(PASERAT)	OREZ IN LAPTE 300ML(PASERAT) ,BANANA 1BT C
<b>HIDOZAHARAT,SPECIAL</b>	OU1BUC,IAURT 175GR 1BUC,CEAI250ML,BISCUTI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE BISCUTI 1PACHET 100

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

**Intocmit, Asistent dietetician**

**Trufasila Ana**



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### SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE VINERI 15-05-2026

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	CRENVUSTI 2BUC,MUSTAR 10GR,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>COMUN PSIHIATRIE</b>	CRENVUSTI 2BUC,MUSTAR 10GR,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE450GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNAT 300GR	SALAM 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>ULCER</b>	CRENVUSTI 2BUC,,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>HEPATIC</b>	CRENVUSTI 2BUC,,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>REGIM USOR</b>	OU IBUC,UNT50GR,BR.TOPITA 2BUC , LAPTE 200ML PAINE 300GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2 BUC 30GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
<b>COPII</b>	OU IBUC,UNT50GR,BR.TOPITA 2BUC ,LAPTE 200ML PAINE 300GR,EUGENIA1BUC	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2 BUC 30GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
<b>COLITA , DIZENTERIE</b>	TELEMEA 120GRCEAI300ML,PAINE300GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	CARNE FIARTA 100GR,TELEMEA 120GR,CEAI 250ML
<b>CARDIAC</b>	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300ML PAINE 300GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2 BUC 30GR,UNT 50GR,TELEMEA 80GR, CEAI 250ML
<b>NEFRITA</b>	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300ML PAINE 300GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2 BUC 30GR,UNT 50GR,TELEMEA 80GR, CEAI 250ML
<b>LACTO FAINOS</b>	CRENVUSTI 2BUC ,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>DIABET</b>	CRENVUSTI 2BUC, ,SUNCA DE PUI 80GR, BRANZA TOPITA 2BUC, CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNE DE PUI 200GR	PARIZER 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>LAUZE</b>	OU IBUC,UNT 50GR,BRANZA TOPITA 2 BUC, CEAI 300ML,PAINE300GR80GR EUGENIA 1BUC	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>INTOLERANTA LA GLUTEN</b>	OU 2BUC,UNT 50GR,BRANZA TOPITA 2 BUC, CEAI 300ML	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>INTOLERANTA LA LACTOZA</b>	OU 2BUC,MARGARINA 50GR,MIERE ALBINE 2 BUC30GR , CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 80GR ,MARGARINA 50GR, GEM 2BUC 40GR,CEAI 250ML
<b>CULT RELIGIOS</b>	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300ML ,PAINE 300GR	CIORBA ARDELENEASCA 250ML ,TOCANITA DE CARTOFI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR CEAI 250ML
<b>PASERAT</b>	GRIS IN LAPTE300ML	CIORBA ARDELENEASCA 250ML PULPE DE PUI CU LEGUME,,PASTE 250GR (PASERAT)	TELEMEA 100GR,OU 1BUC ( PASERAT) ,CEAI 200ML
<b>HIDOZAHARAT,SPECIAL</b>	OU1BUC,IAURTR 175GR 1BUC,CEAI250ML,BISCUITI 1 PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE, BISCUITI 1 PACHET 100GR

Meniurile pot suferii anumite modificari.

Paina se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

**Intocmit, Asistent dietetician**

**Trufasila Ana**



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### SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE SAMBATA 16-05-2026

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	OU 1BUC,SALAM 80GR,BR.TOPITA 2BUC,ROSII 60GR,PAINE 300GR,CEAI 250ML	CIORBA DE CARTOFI 250 ML,SARMALE 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>COMUN PSIHIATRIE</b>	OU 1BUC,SALAM 80GR,BR.TOPITA 2BUC,ROSII 60GR,PAINE 450GR,CEAI 250ML	CIORBA DE CARTOFI 250 ML,SARMALE 300GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>ULCER</b>	OU 1BUC,SUNCA DE PUI 80GR,BR.TOPITA 2BUC,ROSII 60GR,PAINE 300GR,CEAI 250ML	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>HEPATIC</b>	MIERE ALBINE 2BUC 30GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>REGIM USOR</b>	OU 1BUC,UNT 50GR,BR.TOPITA 2BUC,ROSII 60GR,LAPTE 200ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
<b>COPII</b>	OU 1BUC,UNT 50GR,BR.TOPITA 2BUC,ROSII 60GR,LAPTE 200ML,PAINE 300GR,NAPOLITANE 40GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
<b>COLITA , DIZENTERIE</b>	TELEMEA 120GR,CEAI 250ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	CARNE FIARTA 100GR,TELEMEA 120GR,CEAI 250ML
<b>CARDIAC</b>	OU 1BUC,UNT 50GR,BR.TOPITA 2BUC,ROSII 60GR,CEAI 250ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML,SARMALE 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>NEFRITA</b>	OU 1BUC,UNT 50GR,BR.TOPITA 2BUC,ROSII 60GR,CEAI 250ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>LACTO FAINOS</b>	MIERE ALBINE 2BUC 30GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML,PAINE 300GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>DIABET</b>	OU 1BUC,SUNCA DE PUI 80GR,BR.TOPITA 2BUC,ROSII 60GR,PAINE 200GR,CEAI 250ML,IAURT 175GR 1 BUC	CIORBA DE CARTOFI 250 ML,SARMALE 200GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML,MAR 150GR
<b>LAUZE</b>	OU 2BUC,SALAM 80GR,BR.TOPITA 2BUC,ROSII 60GR,PAINE 300GR,CEAI 250ML,NAPOLITANE 40GR	CIORBA DE CARTOFI 250 ML, FRIPTURA DE PUI , GARNITURA OREZ 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>INTOLERANTA LA GLUTEN</b>	OU 1BUC,SALAM 80GR,BR.TOPITA 2BUC,ROSII 60GR,CEAI 250ML	CIORBA DE CARTOFI 250 ML,SARMALE 250GR, BANANE 1BUC	PARIZER,80GR,UNT 50GR,TELEMEA 80GR,CEAI 250MI
<b>INTOLERANTA LA LACTOZA</b>	OU 1BUC,SALAM 80GR,ROSII 60GR, MARGARINA 50GR ,CEAI 250ML ,PAINE 300GR	CIORBA DE CARTOFI 250 ML,SARMALE 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR, PARIZER,80GR ,CEAI 250ML
<b>CULT RELIGIOS</b>	OU 1BUC ,BR.TOPITA 2BUC,ROSII 60GR,PAINE 300GR,CEAI 250ML	CIORBA DE CARTOFI 250 ML,VARZA CALITA 250GR, BANANE 1BUC	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
<b>PASERAT</b>	OU 1BUC,SUNCA DE PUI 80GR, BR.TOPITA 2BUC PAINE 300GR(PASERAT)	CIORBA DE CARTOFI 300ML,PUI CU LEGUME OREZ 250GR , BANANE 1BUC(PASERAT)	GRIS IN LAPTE 300 GR
<b>HIDOZAHARAT,SPECIAL</b>	OUIBUC,IAURT 175GR 1BUC,CEAI250ML, BISCUITI 1 PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE, BISCUITI 1 PACHET 100GR

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(gra), ou, lapte si produse lactate(lactoza)

**Intocmit, Asistent dietetician**

**Trufasila Ana**



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**SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE DUMINICA 17-05-2026**

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	TELEMEA 80GR,OU ROSU 1BUC,PARIZER 80GR,CEAI 250ML,PAINE 300GR,ROSII 60GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR ,SALATA VARZA 80GR , NAPOLITANE 60GR	SALAM 80GR,UNT50GR,BRANZA TOPITA 2BU 250ML
<b>COMUN PSIHIATRIE</b>	TELEMEA 80GR,OU ROSU 1BUC,PARIZER 80GR,CEAI 250ML,PAINE 450GR,ROSII 60GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 300GR ,SALATA VARZA 80GR , NAPOLITANE 80GR	SALAM 100GR,UNT50GR,BRANZA TOPITA 2BU 250GR
<b>ULCER</b>	TELEMEA 80GR,OU ROSU 1BUC,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 300GR,ROSII 60GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	PARIZER 80GR,UNT 50GR,BRANZA TOPITA 2B 250ML
<b>HEPATIC</b>	TELEMEA 80GR, UNT 50GR,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 300GR ,OU ROSU	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	PARIZER 80GR,UNT 50GR,BRANZA TOPITA 2B 250ML
<b>REGIM USOR</b>	TELEMEA 80GR, OU ROSU 1BUC,UNT 50GR LAPTE 200ML ROSII 60GR,PAINE 300GR ,BISCUITI 40GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	BRANZA TOPITA 2BUC,UNT 50GR,MIERE ALB 30GR,LAPTE 200ML
<b>COPII</b>	TELEMEA 80GR, OU ROSU 1BUC,UNT 50GR LAPTE 200ML ROSII 60GR,PAINE 300GR, BISCUITI 40GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	BRANZA TOPITA 2BUC,UNT 50GR,MIERE ALB 30GR,LAPTE 200ML
<b>COLITA , DIZENTERIE</b>	TELEMEA 120GR,CEAI 250ML,PAINE 300GR,OU ROSU	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR	CARNE FIARTA 100GR,TELEMEA 100GR,CEAI
<b>CARDIAC</b>	BRANZA TOPITA 2BUC,UNT 50GR,OU ROSU 1BUC,CEAI 250ML PAINE300GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR ,SALATA VARZA 80GR , NAPOLITANE 60GR	TELEMEA 80GR,UNT 50GR,MIERE ALBINE 2BU CEAI 250ML
<b>NEFRITA</b>	BRANZA TOPITA 2BUC,UNT 50GR,OU ROSU 1BUC,CEAI 250ML PAINE300GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	TELEMEA 80GR,UNT 50GR,MIERE ALBINE 2BU CEAI 250ML
<b>LACTO FAINOS</b>	TELEMEA 80GR,OU ROSU 1BUC,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 300GR,ROSII 60GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	PARIZER 80GR,UNT 50GR,BRANZA TOPITA 2B CEAI250ML
<b>DIABET</b>	TELEMEA 80GR,OU ROSU 1BUC,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 200GR,ROSII 60GR,MAR 150GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR ,SALATA VARZA 80GR	PARIZER 80GR,UNT 50GR,BRANZA TOPITA 2B IAURT 175GR 1 BUC
<b>LAUZE</b>	TELEMEA 80GR,OU ROSU 1BUC,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 300GR,ROSII 60GR,BISCUITI 40GR	SUPA ZARZAVATCU GALUSTE DE ALUAT 250ML,FRIPTURA DE PUI CARTOFI NATUR 250GR , NAPOLITANE 60GR	SALAM 80GR,UNT50GR,BRANZA TOPITA 2BU 250ML
<b>INTOLERANTA LA GLUTEN</b>	TELEMEA 80GR,OU ROSU 2BUC,SUNCA DE PUI 80GR,CEAI 250ML,ROSII 60GR	SUPA ZARZAVAT 250ML,FRIPTURA DE PUI,CARTOFI NATUR 250GR SALATA VARZA 80GR	SALAM 80GR,UNT50GR,BRANZA TOPITA 2BU 250ML
<b>INTOLERANTA LA LACTOZA</b>	OU ROSU 2BUC,SUNCA DE PUI 80GR,CEAI 250ML,PAINE 300GR,ROSII 60GR	SUPA ZARZAVAT CU GALUSTE DE ALUAT250ML,FRIPTURA DE PUI,CARTOFI NATUR 250GR SALATA VARZA 80GR	TELEMEA 80GR,PARIZER 80GR ,MIERE ALBIN 30GR, CEAI 250ML
<b>CULT RELIGIOS</b>	OU ROSU 2BUC,TELEMEA 80GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE ALUAT250ML,CARTOFI NATUR 250GR ,SALATA VARZA 80GR,NAPOLITANE 60GR	TELEMEA 80GR,UNT 50GR,MIERE ALBINE 2BU CEAI 250ML
<b>PASERAT</b>	OU 2BUC,SUNCA DE PUI 80GR(PASERAT),CEAI 250ML,PAINE 300GR,	SUPA ZARZAVAT CU GALUSTE DE ALUAT 250ML,FRIPTURA PUI CARTOFI NATUR 250GR (PASERAT)	GRIS IN LAPTE300ML
<b>HIDOZAHARAT,SPECIAL</b>	OU ROSU 1BUC,IAURT 175GR 1BUC,CEAI250ML,BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE,BISCUITI 1PACHET 1

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(gra), ou, lapte si produse lactate(lactoza)

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**Trufasila Ana**



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### SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE LUNI 18-05 -2026

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	PARIZER80GR,PATEU 60GR,TELEMEA80GR,CEAI300ML,PAINE300GR	CIORBA DE VARZA 250 ML,TOCANITA DE PUI CU MAMALIGA 250GR	SALAM80GR,UNT50GR,BR.TOPITA2BUC,CEI 300ML
<b>COMUN PSIHIATRIE</b>	PARIZER100GR,PATEU 60GR,TELEMEA80GR,CEAI300ML,PAINE450GR	CIORBA DE VARZA 250 ML,TOCANITA DE PUI CU MAMALIGA 300GR	SALAM80GR,UNT50GR,BR.TOPITA2BUC,CEI 300M
<b>ULCER</b>	SUNCA DE PUI 80GR, UNT 50GR, TELEMEA80GR,CEAI250ML,PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU PASTE 250GR	PARIZER80GR,UNT50GR,BR.TOPITA2BUC,CI 300M
<b>HEPATIC</b>	SUNCA DE PUI 80GR, UNT 50GR, TELEMEA80GR,CEAI250ML,PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU MAMALIGA 250GR	PARIZER80GR,UNT50GR,BR.TOPITA2BUC,CI 300M
<b>REGIM USOR</b>	GRIS IN LAPTE 250GR ,GEM 2BUC 40GR,EUGENIA 1BUC PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU MAMALIGA 250GR	MIERE ALBINE 2BUC30GR ,UNT50GR ,TELEMEA80GR LAPTE200ML
<b>COPII</b>	GRIS IN LAPTE 250GR ,GEM 2BUC 40GR,EUGENIA 1BUC PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU MAMALIGA 250GR	MIERE ALBINE 2BUC30GR ,UNT50GR ,TELEMEA80GR LAPTE200ML
<b>COLITA , DIZENTERIE</b>	TELEMEA120GR,CEAI 300ML,PAINE300GR	SUPA ZARZAVAT CU OREZ 250ML, PULPE DE PUI INABUSITE CU LEGUME,MAMALIGA 250GR	CARNE FIARTA100GR,TELEMEA 120GR,CEA 250ML
<b>CARDIAC</b>	GRIS IN LAPTE 250GR ,GEM 2BUC 40GR,EUGENIA 1BUC PAINE 300GR	CIORBA DE VARZA 250 ML,TOCANITA DE PUI CU MAMALIGA 250GR	MIERE ALBINE 2BUC30GR ,UNT50GR ,TELEMEA80GR, CEAI 250ML
<b>NEFRITA</b>	GRIS IN LAPTE 250GR ,GEM 2BUC 40GR,EUGENIA 1BUC PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU PASTE 250GR	MIERE ALBINE 2BUC30GR ,UNT50GR ,TELEMEA80GR, CEAI 250ML
<b>LACTO FAINOS</b>	SUNCA DE PUI 80GR, UNT50GR, TELEMEA80GR,CEAI250ML,PAINE 300GR	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU PASTE 250GR	PARIZER80GR,UNT50GR,BR.TOPITA2BUC,CI 300M
<b>DIABET</b>	SUNCA DE PUI 80GR, UNT50GR, TELEMEA80GR,CEAI 250ML,PAINE 200GR,MAR150GR	CIORBA DE VARZA 250 ML,PULPE DE PUI INABUSITE CU LEGUME,MAMALIGA 200GR	PARIZER80GR,UNT50GR,BR.TOPITA2BUC,L 250ML
<b>LAUZE</b>	SUNCA DE PUI 80GR, UNT50GR, TELEMEA80GR,CEAI250ML,PAINE 300GR,GRIS IN LAPTE 200GR, 1BUC EUGENIA	SUPA ZARZAVAT CU OREZ 250ML,TOCANITA DE PUI CU MAMALIGA 250GR	SALAM80GR,UNT50GR,BR.TOPITA2BUC,CEI 300ML
<b>INTOLERANTA LA GLUTEN</b>	GRIS IN LAPTE 300GR,GEM 2BUC40GR	CIORBA DE VARZA 250 ML,PULPE DE PUI INABUSITE CU LEGUME,MAMALIGA 250GR	PARIZER80GR,UNT50GR,BR.TOPITA2BUC,CI 300M
<b>INTOLERANTA LA LACTOZA</b>	SUNCA DE PUI 80GR,MIERE ALBINE30GR,PAINE300GR,CEAI250ML	CIORBA DE VARZA 250 ML,PULPE DE PUI INABUSITE CU LEGUME,MAMALIGA 250GR	PARIZER80GR,UNT50GR,GEM 2BUC 40GR ,C 300M
<b>CULT RELIGIOS</b>	GRIS IN LAPTE 300GR,GEM 2BUC40GR,EUGENIA 1BUC ,PAINE300GR	CIORBA DE VARZA 250 ML,,MAMALIGA CU BRANZA 250GR	MIERE ALBINE 2BUC30GR ,UNT50GR ,TELEMEA80GR, CEAI 250ML
<b>PASERAT</b>	GRIS IN LAPTE200GR,PAINE 300GR,CEAI 250ML	SUPA ZARZAVAT CU OREZ 250 ML,PULPE DE PUI INABUSITE CU LEGUME, MAMALIGA 250GR (PASERAT)	PUI CU LEGUME PASERAT 250GR
<b>HIDOZAHARAT SPECIAL</b>	OU1BUC,IAURT 175GR 1BUC,CEAI250ML,BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE,BISCUITI 1PACHET 100GR

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

**Intocmit, Asistent dietetician**

**Trufasila Ana**



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### SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE MARTI 19-05-2026

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	OMLETA TARANEASCA 180GR,PARIZER 80GR,ARDEI 60GR,CEAI 250MLPAINE300GR	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 250GR ,SALATA VARZA 80GR	SUNCA DE PUI 80GR,PATEU 60GR , TELEMEEA80GR , CEAI 250ML
<b>COMUN PSIHIATRIE</b>	OMLETA TARANEASCA 2000GR,PARIZER 80GR,ARDEI 60GR,CEAI 250MLPAINE4500GR	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 300GR ,SALATA VARZA 80GR	SUNCA DE PUI 80GR,PATEU 60GR , TELEMEEA80GR , CEAI 250ML
<b>ULCER</b>	OMLETA TARANEASCA 180GR,PARIZER 80GR,ARDEI 60GR,CEAI 250MLPAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , CEAI 250ML
<b>HEPATIC</b>	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC , CEAI 250ML , PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , CEAI 250ML
<b>REGIM USOR</b>	OMLETA TARANEASCA 180GR,BR.TOPITA 2BUC ,ARDEI 60GR , LAPTE 200ML,PAINE300GR,BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEEA 80GR,LAPTE 200ML
<b>COPII</b>	OMLETA TARANEASCA 180GR,BR.TOPITA 2BUC ,ARDEI 60GR , LAPTE 200MLPAINE300GR,BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEEA 80GR,LAPTE 200ML
<b>COLITA , DIZENTERIE</b>	TELEMEA 120GR,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	RASOL PUI 100GR,TELEMEA120GR,CEAI 250ML
<b>CARDIAC</b>	OMLETA TARANEASCA 180GR,BR.TOPITA 2BUC ,ARDEI 60GR , CEAI 200MLPAINE300GR	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 250GR ,SALATA VARZA 80GR	GEM 2BUC 40GR,UNT 50GR,TELEMEEA 80GR,CEAI 250ML
<b>NEFRITA</b>	OMLETA TARANEASCA 180GR,BR.TOPITA2BUC ,ARDEI 60GR CEAI 200ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEEA 80GR,CEAI 250ML
<b>LACTO FAINOS</b>	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC ,CEAI 250ML , PAINE 00GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA DE PUI GARNITURA OREZ 250GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , CEAI 250ML
<b>DIABET</b>	OMLETA TARANEASCA 180GR,PARIZER 80GR,ARDEI 60GR CEAI 250ML,PAINE 200GR,MAR150GR	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 200GR ,SALATA VARZA 80GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , LAPTE 250ML
<b>LAUZE</b>	OMLETA TARANEASCA 180GR,PARIZER 80GR,ARDEI 60GR , LAPTE200 ML,PAINE300GR,BR.TOPITA 2BUC,BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 250GR ,SALATA VARZA 80GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , CEAI 250ML
<b>INTOLERANTA LA GLUTEN</b>	OMLETA TARANEASCA 180GR,PARIZER80 GR,ARDEI 60GR CEAI250ML	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 250GR	SUNCA DE PUI 80GR,UNT 50GR ,TELEMEI 80GR , CEAI 250ML
<b>INTOLERANTA LA LACTOZA</b>	OMLETA TARANEASCA 180GR , PARIZER80GR,ARDEI 60GR,CEAI 250ML,PAINE300GR	CIORBA DE FASOLE VERDE 250ML,PARJOALE MOLDOVENESTI , GARNITURA OREZ 250GR ,SALATA VARZA 80GR	SUNCA DE PUI 80GR,GEM 2BUC 40GR , CEAI 250ML
<b>CULT RELIGIOS</b>	OMLETA TARANEASCA 180GR , BR .TOPITA2BUC ,ARDEI 60GR ,CEAI 250ML,PAINE300GR	CIORBA DE FASOLE VERDE 250ML,OREZ SARBESC CU CIUPERCI 250GR SALATA VARZA 80GR	GEM 2BUC 40GR,UNT 50GR,TELEMEEA 80GR,LAPTE 200ML
<b>PASERAT</b>	OMLETA TARANEASCA 120GR ,PARIZER 80GR , PAINE 300GR (PASERAT)	SUPA ZARZAVAT CU FIDEA250ML,PULPE DE PUI INABUSITE CU LEGUME OREZ 250GR, ( PASERAT)	SUNCA DE PUI 80GR,TELEMEEA 80GR (PASERAT) , CEAI250ML
<b>HIDOZAHARAT,SPECIAL</b>	OUIBUC,IAURT 175GR 1BUC,CEAI250ML,BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE,BISCUITI 1PACHET 100GR

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

**Intocmit, Asistent dietetician**

**Trufasila Ana**



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### SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE MIERCURI 20-05-2026

REGIM	MIC DEJUN	PRANZ	CINA
<b>COMUN</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 250GR , SAL.VARZA 80GR BANANE 1 BUC	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,CE
<b>COMUN PSIHIATRIE</b>	PASTA DE BRANZA 80GR,PARIZER100GR,ROSII 60GR,CEAI 300ML,PAINE 450GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 300GR , SAL.VARZA 80GR BANANE 1 BUC	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,IA 250GR
<b>ULCER</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSITE CU LEGUME,PIURE 250GR ,BANANE 1 BUC	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2 250ML
<b>HEPATIC</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSITE CU LEGUME,PIURE 250GR ,BANANE 1 BUC	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2 250ML
<b>REGIM USOR</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSIT CU LEGUME,PIURE 250GR , BANANE 1 BUC	MIERE ALBINE 2BUC 30GR ,UNT 50GR ,TELE 80GR , LAPTE200ML ,
<b>COPII</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML,PAINE 300GR,	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 250GR , BANANE 1 BUC	MIERE ALBINE 2BUC 30GR ,UNT 50GR ,TEL 80GR , LAPTE200ML ,
<b>COLITA , DIZENTERIE</b>	TELEMEA120GR,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSITE CU LEGUME,PIURE 250GR ,BANANE 1 BUC	RASOL PUI 100GR,TELEMEA120GR,CEAI
<b>CARDIAC</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GRCEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 250GR , SAL.VARZA 80GR BANANE 1 BUC	MIERE ALBINE 2BUC 30GR ,UNT50GR,TELE , CEAI 250ML
<b>NEFRITA</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GRCEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSITE CU LEGUME,PIURE 250GR ,BANANE 1 BUC	MIERE ALBINE 2BUC 30GR ,UNT50GR ,TELE 80GR , CEAI 250ML
<b>LACTO FAINOS</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , PULPE DE PUI INABUSITE CU LEGUME,PIURE 250GR ,BANANE 1 BUC	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2 250ML , ,
<b>DIABET</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 200GR,IAURT 175GR 1BUC	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 200GR , SAL.VARZA 80GR BANANE 1 BUC	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2 250ML ,MAR 150GR
<b>LAUZE</b>	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR,IAURT 175GR 1BUC	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,PIURE 250GR , BANANE 1 BUC	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,CE ,
<b>INTOLERANTA LA GLUTEN</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML	SUPA ZARZAVAT 250 ML , FICAT DE PUI INABUSIT CU LEGUME,CARTOFI NATUR 250GR , SAL.VARZA 80GR BANANE 1 BUC	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2 250ML
<b>INTOLERANTA LA LACTOZA</b>	PARIZER80GR,OU 2BUC,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML , FICAT DE PUI INABUSIT CU LEGUME,CARTOFI NATUR 250GR , SAL.VARZA 80GR BANANE 1 BUC	SALAM 80GR,MIERE ALBINE 2BUC 30GR,CE ,
<b>CULT RELIGIOS</b>	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GRCEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS 250 ML,CARTOFI NATUR 250GR SAL.VARZA 80GR BANANE 1 BUC	MIERE ALBINE 2BUC 30GR ,UNT50GR , BR.T 2BUC , LAPTE 200ML
<b>PASERAT</b>	PASTA DE BRANZA 80GR,OU 1BUC , 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE DE GRIS250 ML , FRIPTURA PUI, CARTOFI NATUR 250GR , BANANE 1 BUC (PASERAT)	GRIS IN LAPTE250ML
<b>HIDOZAHARAT,SPECIAL</b>	OU1BUC,IAURT 175GR 1BUC,CEAI250ML,BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	SUPA STRECURATA 200ML,GRIS IN LAPTE 2

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

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