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SPITALUL ORĂSENESC „DR. VALER RUSSU” LUDUS MENIUL ZILEI DE JOI 11-09-2025

REGIM	MIC DEIUN	PRANZ	CINA
COMUN	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC,CEAI 250ML,PAINE300GR	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA CU CARNE DE PORC 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
COMUN PSIHIATRIE	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC,CEAI 300ML,PAINE450GR	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA CU CARNE DE PORC 300GR	PARIZER 100GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 300ML
ULCER	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC,CEAI 250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
HEPATIC	TELEMEA80GR,SUNCA DE PUI 80GR,UNT 50GR,CEAI 250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
REGIM USOR	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,LAPTE 200ML	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
COPII	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,LAPTE 200ML,NAPOLITANE 40GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
COLITA , DIZENTERIE	TELEMEA 120GR,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	CARNE FIARTA 100GR,TELEMEA 120GR,CEAI 250ML
CARDIAC	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,CEAI 250ML	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA CU CARNE DE PORC 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
NEFRITA	BR.TOPITA 2BUC,OU 1BUC,UNT50GR,CEAI 250ML	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
LACTO FAINOS	TELEMEA80GR,SUNCA DE PUI 80GR,UNT 50GR,CEAI 250ML,PAINE300GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
DIABET	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC,CEAI 250ML,PAINE 200GR,MARI50GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 200GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
LAUZE	TELEMEA80GR,SUNCA DE PUI 80GR,OU 2BUC,CEAI 250ML,PAINE300GR,SALAM 50GR,NAPOLITANE 40GR	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR	IAURT 175GR 1BUC
INTOLERANTA LA GLUTEN	TELEMEA80GR,SUNCA DE PUI 80GR,OU 1BUC,IAURT 175GR 1BUC	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA CU CARNE DE PORC 250GR	PARIZER 80GR,UNT 50GR,BR.TOPITA 2BUC,CEAI 250ML
INTOLERANTA LA LACTOZA	SUNCA DE PUI 80GR,OU 2BUC,CEAI 250ML,PAINE300GR	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA CU CARNE DE PORC 250GR	GEM 2BUC 40GR,PARIZER 80GR,CEAI 250ML
CULT RELIGIOS	TELEMEA80GR,OU 2BUC,CEAI 250ML,PAINE300GR	CIOABA DE FASOLE VERDE 250M,MAZARE SCAZUTA 250GR	GEM 2BUC 40GR,UNT 50GR,TELEMEA 80GR,CEAI 250ML
PASERAT	OU 2BUC,SUNCA PUI80GR,TELEMEA 80GR,CEAI250ML,PAINE300GR(PASERAT)	SUPA ZARZAVAT CU FIDEA 250ML,FRIPTURA PUI GARNITURA OREZ 250GR(PASERAT)	OREZ IN LAPTE 300ML(PASERAT)
HIDZAHARAT,SPECIAL	OU1BUC,IAURTR 175GR 1BUC,CEAI250ML,BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE BISCUITI 1PACHET 100GR

- Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

Intocmit, Asistent dietetician

Trufasiia Ana





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SPITALUL ORASENESC „DR.VALER RUSSU” LUDUS MENIUL ZILEI DE VINERI 12-09-2025

REGIM	MIC DEIUN	PRANZ	CINA
COMUN	CRENVUSTII120GR,MUSTAR30GR,SUNCA PUI BR.TOPITA 2BUC , CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 80GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
COMUN PSIHIATRIE	CRENVUSTII120GR,MUSTAR30GR,SUNCA PUI BR.TOPITA 2BUC , CEAI 300ML,PAINE450GR80GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNAT 30 0GR	SALAM 100GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
ULCER	CRENVUSTII120GR,SUNCA PUI BR.TOPITA 2BUC , CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80 GR,CEAI 300ML
HEPATIC	CRENVUSTII120GR,SUNCA PUI BR.TOPITA 2BUC , CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80 GR,CEAI 300ML
REGIM USOR	OU IBUC,UNT50GR,BR.TOPITA 2BUC.LAPTE200ML,PAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
COPII	OU IBUC,UNT50GR,BR.TOPITA 2BUC.LAPTE200ML,PAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR,LAPTE 200ML
COLITA , DIZENTERIE	TELEMEA 120GRCEAI300ML,PAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	CARNE FIARTA 100GR,TELEMEA 120GR,CEAI 250ML
CARDIAC	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300MLPAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
NEFRITA	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300MLPAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
LACTO FAINOS	CRENVUSTII120GR,SUNCA PUI BR.TOPITA 2BUC , CEAI 300ML,PAINE300GR80GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	PARIZER 80GR,UNT 50GR,TELEMEA 80 GR,CEAI 300ML
DIABET	CRENVUSTII120GR,SUNCA PUI BR.TOPITA 2BUC , LAPTR 250ML,PAINE 200GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 200GR	PARIZER 80GR,UNT 50GR,TELEMEA 80 GR,CEAI 300ML,MAR 150GR
LAUZE	CRENVUSTII120GR,SUNCA PUI ,BR.TOPITA 2BUC , CEAI 300ML,PAINE300GR,EUGENIA 1BUC	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNE DE PUI 250GR	SALAM 100GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
INTOLERANTA LA GLUTEN	CRENVUSTII120GR,UNT50GR,MIERE ALBINE30GR,CEAI300ML	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNAT 250GR	SALAM 100GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
INTOLERANTA LA LACTOZA	CRENVUSTII130GR,MIERE ALBINE40GR,SUNCA PUI 80GR,CEAI300ML,PAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI CU CARNAT 250GR	PARIZER 80GR,MIERE ALBINE 2BUC 30GR,CEAI 250ML
CULT RELIGIOS	OU IBUC,UNT50GR,BR.TOPITA 2BUC,CEAI 300MLPAINE300GR	CIORBA ARDELENEASCA 300ML, TOCANITA DE CARTOFI 250GR	MIERE ALBINE 2BUC 30GR,UNT 50GR,TELEMEA 80GR,CEAI 300ML
PASERAT	GRIS IN LAPTE300ML	CIORBA ARDELENEASCA 300ML, SOTE DE LEGUME CU CARNE DE PUI 250GR (PASERAT)	PARIZER 80GR,TELEMEA 80GR,OU 1BUC/PASERAT,CEAI 200ML
HIDOZAHARAT,SPECIAL	OU1BUC,LAURTR 175GR 1BUC,CEAI250ML,BISCUITI 1 PACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	ZEAMA DE OREZ DULCE, BISCUITI 1 PACHET 100GR

Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

Intocmit, Asistent dietetician

Trufasila Ana

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SPITALUL ORASENESC „DR. VALER RUSSU” LUDUS MENIUL ZILEI DE MARTI 16-09-2025

REGIM	MIC DEJUN	PRANZ	CINA
COMUN	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML, PAINE 300GR	CIOABA DE FASOLE BOABE 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 250GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR, PATEU 60GR, TELEMEEA 80GR, CEAI 250ML
COMUN PSIHIATRIE	OMLETA TARANEASCA 2000GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML, PAINE 4500GR	CIOABA DE FASOLE BOABE 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 300GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR, PATEU 60GR, TELEMEEA 80GR, CEAI 250ML
ULCER	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML, PAINE 300GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
HEPATIC	PARIZER 80GR, UNT 50GR, BR. TOPITA 2BUC, CEAI 250ML, PAINE 300GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
REGIM USOR	OMLETA TARANEASCA 180GR, BR. TOPITA 2BUC, ARDEI 60GR, LAPTE 200ML, PAINE 300GR, BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	GEM 2BUC 40GR, UNT 50GR, TELEMEEA 80GR, LAPTE 200ML
COPII	OMLETA TARANEASCA 180GR, BR. TOPITA 2BUC, ARDEI 60GR, LAPTE 200ML, PAINE 300GR, BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	GEM 2BUC 40GR, UNT 50GR, TELEMEEA 80GR, LAPTE 200ML
COLITA, DIZENTERIE	TELEMEEA 120GR, CEAI 250ML, PAINE 300GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	RASOL PUI 100GR, TELEMEEA 120GR, CEAI 250ML
CARDIAC	OMLETA TARANEASCA 180GR, BR. TOPITA 2BUC, ARDEI 60GR, CEAI 200ML, PAINE 300GR	SUPA ZARZAVAT CU FIDEA 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 250GR, SALATA VARZA 80GR	GEM 2BUC 40GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
NEFRITA	OMLETA TARANEASCA 180GR, BR. TOPITA 2BUC, ARDEI 60GR, CEAI 200ML, PAINE 300GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	GEM 2BUC 40GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
LACTO FAINOS	PARIZER 80GR, UNT 50GR, BR. TOPITA 2BUC, CEAI 250ML, PAINE 00GR	SUPA ZARZAVAT CU FIDEA 250ML, FRIPTURA PUI, GARNITURA CUS-CUS 250GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
DIABET	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML, PAINE 200GR, MAR 150GR	SUPA ZARZAVAT CU FIDEA 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 200GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, LAPTE 250ML
LAUZE	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, LAPTE 200 ML, PAINE 300GR, BR. TOPITA 2BUC, BISCUITI 40GR	SUPA ZARZAVAT CU FIDEA 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 250GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
INTOLERANTA LA GLUTEN	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML	CIOABA DE FASOLE BOABE 250ML, TOCHITURA CU CARNE DE PORC 250GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR, UNT 50GR, TELEMEEA 80GR, CEAI 250ML
INTOLERANTA LA LACTOZA	OMLETA TARANEASCA 180GR, PARIZER 80GR, ARDEI 60GR, CEAI 250ML, PAINE 300GR	CIOABA DE FASOLE BOABE 250ML, TOCHITURA CU CARNE DE PORC, GARNITURA CUS-CUS 250GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR, GEM 2BUC 40GR, CEAI 250ML
CULT RELIGIOS	OMLETA TARANEASCA 180GR, BR. TOPITA 2BUC, ARDEI 60GR, CEAI 250ML, PAINE 300GR	CIOABA DE FASOLE BOABE 250ML, CUS-CUS CU LEGUME 250GR, SALATA VARZA 80GR	GEM 2BUC 40GR, UNT 50GR, TELEMEEA 80GR, LAPTE 200ML
PASERAT	OMLETA TARANEASCA 120GR, PARIZER 80GR, PAINE 300GR (PASERAT)	SUPA ZARZAVAT CU FIDEA 200ML, RASOL PUI OREZ 250GR (PASERAT)	SUNCA DE PUI 80GR, TELEMEEA 80GR (PASERAT), CEAI 250ML
HIDOZAHARAT, SPECIAL	OUIBUC, IAUURT 175GR, 1BUC, CEAI 250ML, BISCUITI 1PACHET 100GR	SUPA STRECURATA 200ML, GRIS IN LAPTE 200ML	ZEAMA DE OREZ DULCE, BISCUITI 1PACHET 100GR

- Meniurile pot suferii anumite modificari.

Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereale care contin gluten (grau), ou, lapte și produse lactate (lactoza)

Intocmit, Asistent dietetician

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SPITALUL ORĂŞENESC "DR. VALER RUSSU" LUDUS MENIUL ZILEI DE MIERCURI 17-09-2025

REGIM	MIC DEJUN	PRANZ	CINA
COMUN	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR, SALATA VARZA 80GR	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,CEAI 250ML
COMUN	PASTA DE BRANZA 80GR,PARIZER100GR,ROSII 60GR,CEAI 300ML,PAINE 450GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 300GR, SALATA VARZA 80GR	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,IAURT 250GR
PSIHIATRIE			
ULCER	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2BUC, CEAI 250ML
HEPATIC	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2BUC, CEAI 250ML
REGIM USOR	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	MIERE ALBINE 2BUC 30GR ,UNT 50GR ,BR.TOPITA 2BUC ,LAPTE200ML
COPII	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	MIERE ALBINE 2BUC 30GR ,UNT 50GR ,BR.TOPITA 2BUC ,LAPTE200ML
COLITA , DIZENTERIE	TELEMEA120GR,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	RASOL PUI 100GR,TELEMEA120GR,CEAI 250ML
CARDIAC	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR, SALATA VARZA 80GR	MIERE ALBINE 2BUC 30GR ,UNT50GR ,BR.TOPITA 2BUC,CEAI 250ML
NEFRITA	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	MIERE ALBINE 2BUC 30GR ,UNT50GR ,BR.TOPITA 2BUC,CEAI 250ML
LACTO FAINOS	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2BUC, CEAI 250ML
DIABET	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 200GR,IAURT 175GR 1BUC	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 200GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2BUC, CEAI 250ML MAR 150GR
LAUZE	PASTA DE BRANZA 80GR,PARIZER 80GR,ROSII 60GR,CEAI 250ML,PAINE 300GR,IAURT 175GR 1BUC	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR	SALAM 80GR,UNT50GR,BR.TOPITA 2BUC,CEAI 250ML
INTOLERANTA LA GLUTEN	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,LAPTE 200ML,PAINE 300GR	SUPA DE LEGUME 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR, SALATA VARZA 80GR	SUNCA DE PUI 80GR,UNT50GR,BR.TOPITA 2BUC, CEAI 250ML
INTOLERANTA LA LACTOZA	PARIZER80GR,OU 2BUC,CEAI250ML,PAINE300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML,FRIPTURA PUI,CARTOFI NATUR 250GR,SALATA VARZA 80GR	SALAM 80GR,MIERE ALBINE 2BUC 30GR,CEAI 250ML
CULT RELIGIOS	PASTA DE BRANZA 80GR,OU 1BUC ,ROSII 60GR,CEAI 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250 ML ,CARTOFI TARANESTI 300GR,SALATA VARZA 80GR	MIERE ALBINE 2BUC 30GR ,UNT50GR , BR.TOPITA 2BUC ,LAPTE 200ML
PASERAT	PASTA DE BRANZA 80GR,OU 1BUC , 250ML,PAINE 300GR	SUPA ZARZAVAT CU GALUSTE ALUAT 250ML,FRIPTURA PUI , CARTOFI NATUR 250GR(PASERAT)	GRIS IN LAPTE250ML
HIDOZAHARAT,SPECIAL	OU1BUC,IAURT 175GR 1BUC,CEAI250ML,BISCUITI IPACHET 100GR	SUPA STRECURATA 200ML,GRIS IN LAPTE200ML	SUPA STRECURATA 200ML,GRIS IN LAPTE 200ML

- Meniurile pot suferii anumite modificari.
Painea se trimite dimineata pentru cele trei mese principale

Preparatele alimentare pot contine unul sau mai multi alergeni dupa cum urmeaza: cereal care contin gluten(grau), ou, lapte si produse lactate(lactoza)

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